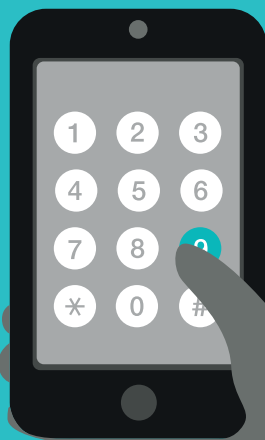


# Make yourself Heard

In danger, need the police, but can't speak?

**1**  
**Dial 999**



**2**  
**Listen** to the questions from the 999 operator



**3**  
**Respond** by coughing or tapping the handset if you can



**4**  
If prompted, **press 55**  
This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police.



See our guide for more information.

**IOPC** Independent Office for Police Conduct

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 #MakeYourselfHeard #SilentSolution #YouAreNotAlone

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