

# Ask & Act Conference 2026

## Agenda 4th February 2026

Time	Speaker	Topic
10:00	Nia Thomas, Welsh Women's Aid	Welcome
10:10	Cabinet Secretary for Justice	Ask and Act; where have we been and where are we going?
10:30	Lauren Davies, Welsh Women's Aid	An overview of the Survivor Network and outreach work.
11:00	BREAK	
11:10	Amy Powell	How has Gwent rolled out Ask and Act?
11:40	DS Michael Taggart, MBE	Lived experience: how does it shape professional experience?
12:10	Hannah Robinson, Welsh Women's Aid	Misogyny and Incel Culture
12:40	BREAK	
13:10	Jay Crouch, West Wales Fire and Rescue	Ask and Act within uniformed services
13:40	Ann Williams, Live Fear Free Helpline	An update from the Live Fear Free Helpline
14:20	Mwenya Chimba PhD, Welsh Women's Aid	Addressing Sexual Harassment in the Workplace for Leaders
14:50	Nia Thomas, Welsh Women's Aid	Message of thanks for attending.