

**Gofyn a Gweithredu**  
**Ask and Act**

# Ask & Act Conference 2026 Communications Pack



**Cymorth i Ferched Cymru**  
**Welsh Women's Aid**

Rhoi Merched a Phlant yn Gyntaf  
Putting Women & Children First

# Ask & Act Conference 2026

Date: 4th February 2026

Time: 10:00 - 15:00

Venue: MS Teams

## Conference overview

Since 2016, Ask & Act training has been delivered across Wales, equipping thousands of practitioners with skills to conduct a targeted inquiry to identify violence against women, domestic abuse, and sexual violence (VAWDASV) and respond effectively to disclosures. In 2024, we delivered a celebration of Ask and Act and its positive impacts, inviting delegates and attendees to rejoice in what has been achieved but also to plan for the future. In 2025, a highly adaptable format was offered, allowing delegates to shape their Continuous Professional Practice. This year, the conference will bring together experts to share guidance, lived experience and current professional practice.

## Key points

- What does Ask and Act look like in practice in different authorities?
- Being survivor centric: a look at best practice in supporting.
- What are survivors telling us? Updates from the Live Fear Free Helpline.
- A brief study of emerging topics within the VAWDASV sector.

## Agenda

The agenda can be found here: [Ask & Act Conference 2026 Agenda](#)

## How to register

You can register for the conference through Eventbrite:

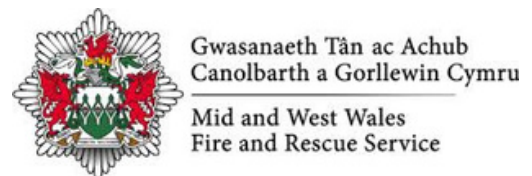
Click here to register



# Speakers

- Jane Hutt MS, Cabinet Secretary of Justice, Trefnydd and Chief Whip
- Lauren Davies, Survivor Network, Welsh Women's Aid
- Amy Powell, Regional VAWDASV Training Co-Ordinator
- DS Mike Taggart MBE, Protective Vulnerable People Unit, North Wales Police
- Hannah Robinson, VAWDASV Trainer, Welsh Women's Aid
- Jay Crouch, Safeguarding Lead, West Wales Fire and Rescue
- Ann Williams, Helpline Manager, Live Fear Free Helpline
- Mwenya Chimba PhD, Head of Training and development, Welsh Women's Aid

Chaired by: Nia Thomas, VAWDASV Trainer and lead Ask and Act TTT Trainer, Welsh Women's Aid



## Who should attend?

- Ask & Act trainers
- Local authority VAWDASV leads
- VAWDASV Regional Coordinators
- Corporate Safeguarding
- Heads of Community Safety
- HR Directorate
- Local Health Board VAWDASV leads
- Fire & Rescue
- Welsh Ambulance Service Trust
- Third Sector Specialist VAWDASV providers

## Why attend

- To access opportunities for Continued Professional Development.
- Share learning and best practice to inform future implementation.
- Enhance understanding of the differing challenges faced by survivors.

## CPD

This conference is CPD Certified and contributes 5 hours towards continued professional development. A certificate of attendance will be provided.



## Marketing

Please feel free to share our social media posts relating to this conference, or create your own. Please tag us, or use the hashtag below.

Hashtag: #AskandActConference

Tag: @welshwomensaid

## Welsh Women's Aid

Pendragon House, Caxton Place,  
Pentwyn, Cardiff, CF23 8XE

02920 541 551

[training@welshwomensaid.org.uk](mailto:training@welshwomensaid.org.uk)

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