

Gofyn a Gweithredu
Ask and Act

Ask & Act Conference 2026 Communications Pack

Ask & Act Conference 2026

Date: 4th February 2026

Time: 10:00 - 15:00

Venue: MS Teams

Conference overview

Since 2016, Ask & Act training has been delivered across Wales, equipping thousands of practitioners with skills to conduct a targeted inquiry to identify violence against women, domestic abuse, and sexual violence (VAWDASV) and respond effectively to disclosures. In 2024, we delivered a celebration of Ask and Act and its positive impacts, inviting delegates and attendees to rejoice in what has been achieved but also to plan for the future. In 2025, a highly adaptable format was offered, allowing delegates to shape their Continuous Professional Practice. This year, the conference will bring together experts to share guidance, lived experience and current professional practice.

Key points

- What does Ask and Act look like in practice in different authorities?
- Being survivor centric: a look at best practice in supporting.
- What are survivors telling us? Updates from the Live Fear Free Helpline.
- A brief study of emerging topics within the VAWDASV sector.

Agenda

The agenda can be found here: [Ask & Act Conference 2026 Agenda](#)

How to register

You can register for the conference through Eventbrite:

Click here to register



Speakers

- Jane Hutt MS, Cabinet Secretary of Justice, Trefnydd and Chief Whip
- Lauren Davies, Survivor Network, Welsh Women's Aid
- Amy Powell, Regional VAWDASV Training Co-Ordinator
- DS Mike Taggart MBE, Protective Vulnerable People Unit, North Wales Police
- Hannah Robinson, VAWDASV Trainer, Welsh Women's Aid
- Jay Crouch, Safeguarding Lead, West Wales Fire and Rescue
- Ann Williams, Helpline Manager, Live Fear Free Helpline
- Mwenya Chimba PhD, Head of Training and development, Welsh Women's Aid

Chaired by: Nia Thomas, VAWDASV Trainer and lead Ask and Act TTT Trainer, Welsh Women's Aid



**HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE**



**Mid and West Wales
Fire and Rescue Service**



Who should attend?

- Ask & Act trainers
- Local authority VAWDASV leads
- VAWDASV Regional Coordinators
- Corporate Safeguarding
- Heads of Community Safety
- HR Directorate
- Local Heath Board VAWDASV leads
- Fire & Rescue
- Welsh Ambulance Service Trust
- Third Sector Specialist VAWDASV providers

Why attend

- To access opportunities for Continued Professional Development.
- Share learning and best practice to inform future implementation.
- Enhance understanding of the differing challenges faced by survivors.

CPD

This conference is CPD Certified and contributes 5 hours towards continued professional development. A certificate of attendance will be provided.



Marketing

Please feel free to share our social media posts relating to this conference, or create your own. Please tag us, or use the hashtag below.

Hashtag: #AskandActConference

Tag: @welshwomensaid

Welsh Women's Aid
Pendragon House, Caxton Place,
Pentwyn, Cardiff, CF23 8XE

02920 541 551

training@welshwomensaid.org.uk

Follow us:

@welshwomensaid

www.welshwomensaid.org.uk

Welsh Women's Aid is a registered charity in England and Wales, No. 1140962 and a company limited by guarantee registered in England and Wales, No. 07483469.

Gofyn a Gweithredu
Ask and Act

The logo for Welsh Women's Aid. It features three stylized icons: a female symbol (♀), a person walking, and a flower. Below the icons, the text 'Cymorth i Ferched Cymru' is written in a bold, black, sans-serif font. Underneath that, 'Welsh Women's Aid' is written in a smaller, black, sans-serif font. At the bottom, the tagline 'Rhoi Merched a Phlant yn Gyntaf' and 'Putting Women & Children First' are written in a small, black, sans-serif font.